

CURRICULUM VITAE

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EDUCATION

March 2015

IMTA Teacher

29.10.2010

Master of Health Care, Degree Programme in Rehabilitation
Helsinki, Metropolia University of Applied Sciences

10 – 14.2.2003 / 25 – 29.8.2003 / 23 – 27.1.2004

IMTA recognized three week Level 3 Course on Manipulative Physiotherapy –
Maitland Concept
Switzerland, Zurzach

13 – 17.5.2002 / 14 – 18.10.2002

IMTA recognized two week Level 2B Advanced Course in the assessment,
examination and treatment of neuromusculoskeletal conditions according to
the Maitland Concept.
England, Rotherham

8 – 12.1.2001 / 21 – 25.5.2001

IMTA recognized two week Level 2A Course on Manipulative Therapy
Maitland Concept with Assessment, Examination and Treatment by Passive
Movement of Peripheral and Vertebral Joint Disorders.
Nederland, Roermond

27.2.2000 – 2.3.2000 / 15 – 26.5.2000 / 19 – 23.11.2000

IMTA recognized four week Introductory Level 1 Course in the assessment,
examination and treatment of neuromusculoskeletal conditions according to
the Maitland Concept of manipulative physiotherapy.
Finland, Lahti

16.12.2000

Post-graduate studies in physiotherapy concerning musculoskeletal rehabilitation. The course comprised 20 study weeks (1 study week = 40 hours).

Finland, Lahti

10.5.1996 – 20.12.1996

Post-graduate studies concerning podiatric physiotherapy. The course comprised 6 study weeks (1 study week = 40 hours).

Finland, Turku

10.8.1992 – 19.12.1995

Physiotherapy training at Polytechnique. Physiotherapy degree 19.12.1995. The education comprised 141 study weeks (1 study week = 40 hours).

Finland, Lahti

1.9.1990 – 28.2.1991

Massage training at private school. Masseur degree 28.2.1991.

Finland, Lahti

Post-graduate courses related to orthopaedic manual therapy

15th April – 17th April 2011

Cognitive Functional Therapy for CLBP disorders within a bio-psycho-social classification system

30th October – 1st November 2009

3rd International Conference on Movement Dysfunction Rehabilitation: Art and Science

8th – 13th June 2008

IFOMT Congress. Connecting Science to quality of life.

9th – 13th April 2007

22nd International Manual/Musculoskeletal Medicine Course

Changing pain and movement behaviour – a classification based approach to the management of chronic LB and pelvic pain disorders.

23rd -25th March 2007

Kinetic Control Movement Dysfunction Course

Diagnosis of Mechanical Back Pain Sub-Group & Stability Retraining of the Lumbar Spine

23 – 25.9.2005

2nd International Conference on Movement Dysfunction. Pain and Performance: Evidence & Effect.

UK, Edinburgh

10 – 13.4.1999

Course concerning Neural Pathodynamics: Manifestations, Assessment and Treatment. The teacher / course leader was Peter Wells and the length of the course was 21 hours.

Finland, Levi

29 – 31.1.1999 / 12 – 13.2.1999 / 12 – 14.3.1999

Course (C1/2) organized by Scandinavian OMT Association concerning Manual examination and treatment of the spine. The length of the course was 64 hours.

Finland, Tampere

3 – 5.4.1998

Course concerning examination, assessment and treatment of the lumbar spine. The principal tutor was Peter Wells and the length of the course was 15 hours.

England, London

16 – 19.1.1998

Course concerning Neural Pathodynamics: Manifestations, Assessment and Treatment. The teacher / course leader was Peter Wells and the course comprised 1 studie week = 40 hours.

Finland, Helsinki

CLINICAL EXPERIENCE

January 2004 – present

Working as a specialist musculoskeletal physiotherapist at Fysioterapia-Konsultit Oy, Helsinki Finland.

January 2004 – September 2008

Working as a specialist musculoskeletal physiotherapist at Orto-Lääkärit Oy, Helsinki Finland.

June 2001 – January 2004

Working as a physiotherapist at Orto-lääkärit Oy, Helsinki Finland.

1.12.1995 – January 2004

Working as a physiotherapist at Fysioterapia Konsultit Oy, Helsinki Finland.

1.4.1991 – 31.7.1992 Padasjoki and 1 – 28.3.1991 Lahti

Working as Masseur in Finland.

OTHER PROFESSIONAL EXPERIENCE

2013

Contributing author in the Maitland's Peripheral Manipulation 5th edition: Musculoskeletal Physiotherapy for the Foot and Ankle

February 2011

Article: New Approach to Diagnosis and Classification of Chronic Foot and Ankle Disorders – identifying motor control and movement impairments. Submitted

2002 – present

Post-graduate lecturer in Italy, Spain, England, Switzerland and Finland concerning the contemporary approach for musculoskeletal foot and ankle and lower extremity disorders.

Post-graduate lecturer in Lahti University of Applied Sciences concerning physiotherapy of lower extremity problems, exercise therapy, exercise physiology, neural mobilisation and Maitland concept.

11.5.2001 – present

Establishing member of Finnish Maitland Association 11.5.2001. Chairman of the board 2001-2004. The Finnish Maitland Association was registered under the Finnish laws 9.7.2002.

2000 – present

Invited lecturer in hospitals, private clinics and seminars concerning above mentioned subjects.

1998

Contributing writer on a textbook concerning physiotherapy of the spine. Contributing writer on a textbook concerning physiotherapy of the lower extremity.

If necessary copies of the above mentioned educations and courses can be sent.